



ACCESS TO TREATMENT QUESTIONNAIRE

We are interested in finding out how women access care for problems like depression and anxiety. Please read the following questions and circle your response.

1. If you were having difficulties with depression or anxiety, how willing would you be to seek help from a healthcare professional? (Circle one)

Not at all willing Somewhat willing Moderately willing Very willing
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2. If you were to seek treatment for a mental health problem, such as depression or anxiety, how likely would it be for you to seek care from a: (Circle one response for each)

	Very unlikely	Somewhat unlikely	Moderately likely	Very likely
a. Family doctor	4	3	2	1
b. OB/GYN doctor	4	3	2	1
c. Psychiatrist.....	4	3	2	1
d. Counselor	4	3	2	1

3. If you were having difficulties with depression or anxiety, how likely would it be for you to consider the following treatments for depression or anxiety? (Circle one response for each)

	Very unlikely	Somewhat unlikely	Moderately likely	Very likely
a. Medication.....	4	3	2	1
b. Counseling or therapy.....	4	3	2	1
c. Medication and counseling.....	4	3	2	1

4. If you were to seek help for a mental health problem, such as depression or anxiety, how would the following factors affect your ability to seek treatment?

(Circle one response for each factor)

	Greatly Affect	Moderately Affect	Somewhat Affect	Not at all Affect
a. Lack of transportation to get to appointments	4	3	2	1
b. Lack of childcare.....	4	3	2	1
c. Cost of treatment.....	4	3	2	1
d. Insurance doesn't cover treatment	4	3	2	1
e. Partner opposed to treatment.....	4	3	2	1
f. Can't take time off from work for appointments	4	3	2	1
g. Don't know where to go for treatment	4	3	2	1
h. Long waiting list at clinic or treatment center.....	4	3	2	1
i. Previous "bad" experience with therapy or medication	4	3	2	1
j. What other people would think.....	4	3	2	1